## **Our Team**

At UnityPoint Health - Grinnell Public Health, our dedicated team includes registered nurses, homecare aides, lactation specialists and staff. All of our team members are committed to supporting the health and wellbeing of Poweshiek County and surrounding communities. Our professionals bring a wide range of expertise to provide compassionate, community-centered care.







## **Contact Us**



# UnityPoint Health - Grinnell Public Health

306 4th Avenue Grinnell, IA 50112

To schedule an appointment, call (641) 236-2385

uph.link/GrinnellPublicHealth





## **PUBLIC HEALTH**

HEALTH AND
WELLBEING OF
OUR COMMUNITY





Prevent Illness. Promote Health. Protect Communities.



#### **CORE RESPONSIBILITIES**

UnityPoint Health - Grinnell Public Health provides services to promote and protect the health of the community. This is achieved by creating better conditions for all community members to live a healthy lifestyle.

Public Health accomplishes this need by promoting engagement, reducing health disparities and attending to the needs of the most vulnerable populations.

Public Health is the lead agency for Poweshiek County Health Healthy Choices Coalition and is actively involved in Poweshiek County Emergency Preparedness, Iowa Public Health Association and more.

#### **PUBLIC HEALTH SERVICES**

- On-site blood pressure and foot care clinics\* are held twice a month.
- Appointments are required, to schedule an appointment, call Public Health.
- Corporate wellness screenings.
- Community outreach and education programs. such as Brain Health and Hope, Stop the Bleed, tobacco cessation programing and more.

#### **EMERGENCY PREPARATION**

Public Health works closely with local and regional partners to prepare for public health emergencies through planning, training and coordinated response efforts. Public Health is an active participant in the local emergency preparedness committee and participates in the Central Iowa Healthcare Coalition.

Through community outreach, planning and partnerships, the Public Health team helps protect the health and safety of Poweshiek County residents during public health emergencies and disasters.

#### **COMMUNICABLE DISEASE**

- Communicable disease contact tracing and education.
- Latent and active tuberculosis testing, treatment and follow-up.

#### **IMMUNIZATIONS**

Public Health is required by law to conduct audits regarding vaccinations for all children in school and daycares annually and report results to the State of lowa.

- Seasonal immunizations, such as flu shots, are available during dedicated community flu clinic sessions or onsite by appointment.
- Adult and child immunizations are available by appointment.

To schedule an appointment, call Public Health.

#### **COMMUNITY CARE CLINIC**

The Community Care Clinic, in partnership with Free Clinics of Iowa, provides services for underinsured or non-insured individuals with no eligibility requirements.

- The clinic is onsite and is offered first and third Thursdays of the month.
- Appointments are not required, but encouraged.

To schedule an appointment, call Public Health.

#### **CAR SEAT SAFETY**

• Installation and inspection checks for car seats, performed by trained car seat technicians.

#### **HOME CARE AIDE PROGRAM**

- Services include light housekeeping, laundry, small errands/groceries and bathing or personal care.
- Referrals for elderly and disabled persons.



#### POSTPARTUM SUPPORT

- Baby weight and newborn care education.
- Certified lactation consultants provide extensive breastfeeding education and support.
- Postpartum care and support for parents.
- Referrals for parenting support programs, such as Parents as Teachers and 1st Five.

#### **VILLAGE CLOSET**

- Free baby items for new or expectant parents in need.
- Items are for newborns up to age one.
- Donations of new or gently-used baby items are always accepted. For current information about donations and wishlist items check Public Health social media.

### COMMUNITY HEALTH NEEDS ASSESSMENT AND HEALTH IMPROVEMENT PLANNING

- Conducted every three years, the Community Heath Needs Assessment (CHNA) engages community members in dialogue about their health concerns, experiences and goals.
- CHNA results are analyzed and shared publicly. The survey serves as a roadmap and helps identify, assess and prioritize programs and services tailored to community needs.

<sup>\*</sup> Foot care clinic includes fees.